



**BROOK**  
PLANTS & LANDSCAPING  
[www.brookplants.com](http://www.brookplants.com)



# EXOTIC INDOOR PLANTS

E1



Yucca Branched

E4



Anthurium

E10



Ficus De Gantel

E2



Dracaena Marginata  
Branched

E11



Dracaena Compacta  
Multi Stem

E5



Ficus Panda

E7



Dracaena Massangeana  
branched

E9



Dracaena Janet Craig  
Multi Stem

E3



Nolina Beaucarnea  
Branched

E12



Dracaena Lemon Lime  
Multi Stem

E6



Ficus Alii Multi Stem

E8



Dracaena Marginata  
Multi Stem

# EXOTIC INDOOR PLANTS



Ficus Cyathistipula



Song of Jamaica



Croton Branched



Areca Palm Multi Stem



Dracaena Warneckii Multi Stem



Ficus Benjamina braided



Zamioculcas



Kentia Palm Multi Stem



Song of India



Schefflera Amate



Monstera Delicosa



Ficus Frame



Ficus Straight Stem



Ficus Frame

# SPECIMEN INDOOR PLANTS

S1



Ficus Benjamina

S2



Scindapsus

S3



Dracaena Massangeana

S4



Kentia Forsteriana

S5



Dracaena Marginata

S6



Philodendron Red Emerald

S7



Ficus Benjamina Starlight

S8



Tropic Snow

S9



Schefflera Gold Capella

S10



Yucca Elephantipes

S11



Schefflera Nora

S12



Dracaena Deremensis

# RANGE OF PLANTERS



Oxblood Red Ceramic



Ali Baba Pot



Oxblood Red Ceramic



President Metal Planters



Porcelain



Fibreglass



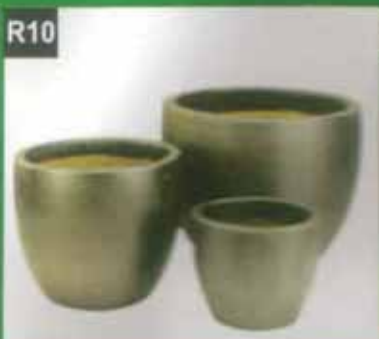
Fibreglass



President Perforated



Superline Stainless Steel



Couple Black Matt Ceramic

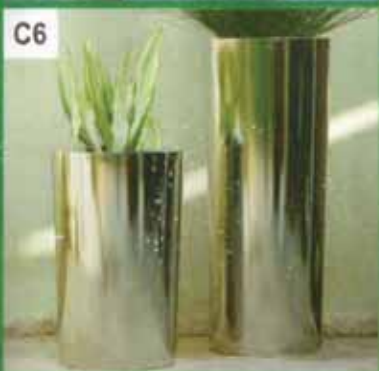
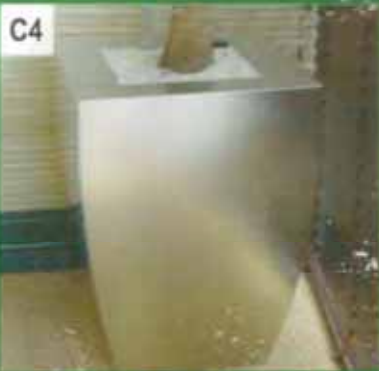


Partner Black Matt Ceramic



Karaat Aluminium

# CUSTOM RANGE



# OUTDOOR LANDSCAPING CLIENT SITES



# INTERIOR PLANTSCAPING CLIENT SITES



# Preserved palms



## Advantages of Plants In the Office

### VDC Work

Research shows that people who work at a computer monitor for more than four hours a day feel better and are more productive than their colleagues who have no plants on or next to their desk. The performance levels were significantly higher.

### Building - related health problems

It is not easy to create a good indoor climate in office. And in summer when the air-conditioner is going full blast, the humidity in the air drops, when it should really be 40 to 60%. Even in offices with good climate control systems, more than a quarter of workers are not satisfied with the condition. A poor indoor climate will inevitably result in health problems such as dry membranes, headaches, skin problems and irritated eyes. This leads to loss of concentration and productivity and increase in absenteeism.

### Typical health problems in modern office buildings

- Dry hands, skin irritations
- Irritated eyes
- Facial skin irritations
- Cough
- Hoarseness, dry throat
- Concentration problems
- Dizziness
- Headache
- Fuzzy head
- Fatigue

### What plants do

Plants in the workplace make the climate healthier and more stable. Water evaporates through their leaves, and they absorb heat (and noise) and remove dust and pollutants from the air. Research has also shown that looking at plants reduces stress and boosts creativity. In short, we feel better around plants, and this helps improve our performance.

### Reduced absenteeism

The effect of plants on the health of workers was studied at the radiology department of a Norwegian hospital. After plants and full spectrum lighting (artificial daylight) were introduced into the department, short-term absence due to illness fell dramatically, from 15% to 5%, within six months. Five years later, it was found to have stabilised at around 5.6%. This is a lasting result, more than halving absence due to the impact of the plants, and not, as might be assumed, due to the presence of full spectrum lighting.

## Brook Plants & Landscaping L.L.C.

Tel: 04 267 2499 Fax: 04 267 2492  
P.O.Box 86972, Dubai, UAE.  
E-mail: info@brookplants.com

